



LIPEDEMA

Conoscerlo, gestirlo, trattarlo

Una mappa nel labirinto

Linee Guida, Linee di Best Practice e Documenti di Consenso sul Lipedema



Nel presente contributo elenchiamo tutti i documenti di linee guida, linee di buona pratica e documenti di consenso pubblicati a data odierna (2024) nei vari paesi del mondo. I documenti sono consultabili cliccando sui collegamenti ipertestuali.

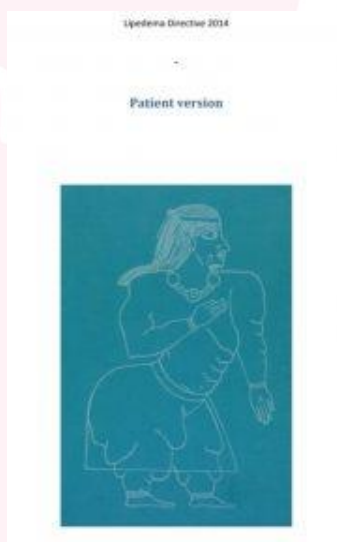
Linee Guida Olandesi

Linee Guida Olandesi 2014 della ORDE (Dutch Society for Dermatology and Venereology and the Dutch Academy of medical specialists – Versione per addetti ai lavori (in lingua inglese):
LIPEDEMA GUIDELINES IN THE NETHERLANDS 2014

Linee Guida Olandesi 2014 – Versione per il paziente (in lingua inglese):
Colophon Lipedema directive, patient version, 2014©, Nederlandse Vereniging voor Dermatologie en Venereologie (Dutch Society for Dermatology and Venereology or NVDV)

Revisione delle delle linee guida olandesi alla luce di ICF – 2016 (in lingua inglese):
First Dutch guidelines on lipedema using the international classification of functioning, disability and health

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Linee guida Tedesche

Linee guida tedesche 2015 (in lingua tedesca) e revisione 2017 (in lingua inglese):

S1-Leitlinie Lipödem AWMF Registernummer 037-012 ICD 10 R60.9 Ödem, nicht näher bezeichnet (2014)

S1 Guidelines Lipoedema (2017)

S2k Leitlinie Lipödem (2024)



Linee guida di buona pratica Regno Unito

Linee guida di buona pratica Regno Unito 2017 (in lingua inglese):

BEST PRACTICE GUIDELINES: THE MANAGEMENT OF LIPOEDEMA Published by Wounds UK



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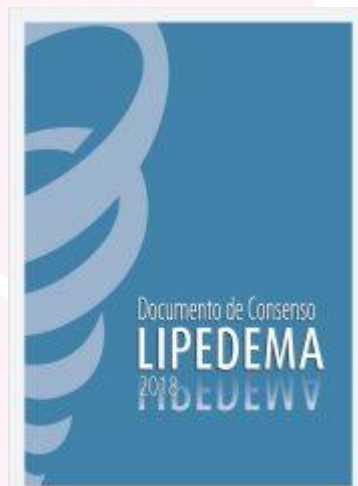
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Consensus Document Spagnolo sul Lipedema 2018

Consensus Document on Lipedema 2018 (in lingua spagnola)

revisione di Settembre 2019 (in lingua spagnola e in lingua inglese):

Documento de consenso LIPEDEMA (versione 2019 inglese)



Consensus document chirurgico dal Primo Congresso Internazionale sul Lipedema

Consensus document chirurgico dal Primo Congresso Internazionale sul Lipedema. Vienna, 2017

First International Congress on Lipedema in Vienna, Austria, June 9 to 10, 2017.

Prevention of Progression of Lipedema With Liposuction Using Tumescant Local Anesthesia. Results of an International Consensus Conference. (Dermatologic Surgery. 7/19)





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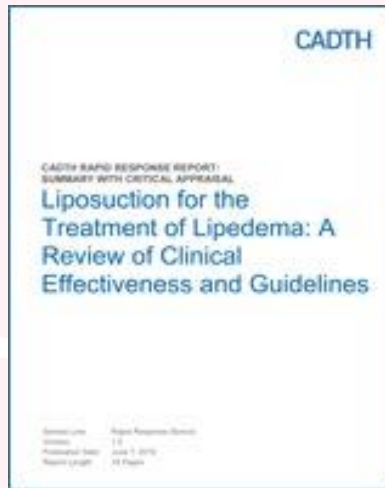
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Liposuction for the Treatment of Lipedema

Liposuction for the Treatment of Lipedema: a review of the clinical effectiveness and guidelines (Peprah and MacDougall, Canada 2019)



A paradigm shift and consensus

Lipedema: a paradigm shift and consensus

JOURNAL OF WOUND CARE CONSENSUS (DOCUMENT VOL 29 , SUP. 2 , NO11 , NOVEMBER 2020)

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European Best Practice of Lipedema.

Experts from seven different countries took part in the two European Lipedema Forums, with the goal of establishing a consensus. The consensus reflects the experts' shared view on the disease, having scrutinized the available literature, and having taken into account the many years of clinical practice with this particular patient group. Appropriate to the clinical complexity of lipedema, participants from different specialties provided an interdisciplinary approach. Nearly all of the participants in the European Lipedema Forum had already published work on lipedema, had been involved in drawing up their national lipedema guidelines, or were on the executive board of their respective specialty society.





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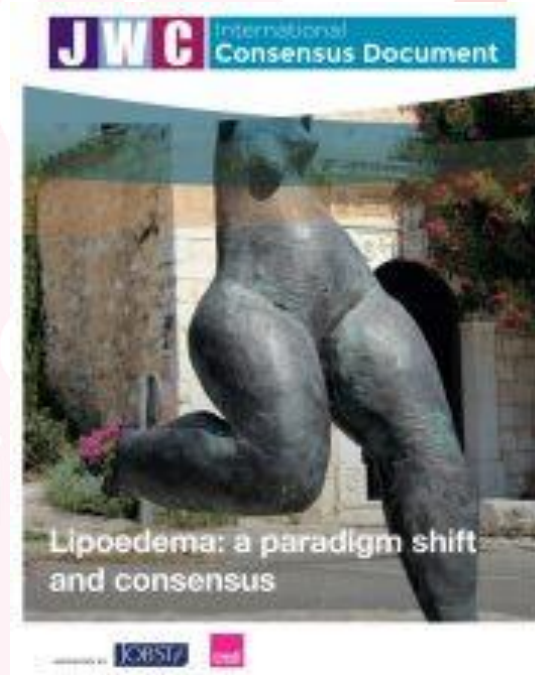


Parts of the relevant findings of this consensus, emphasising the treatment of lipoedema, are summarized in [this article](#). As the next step, the consensus paper “European Best Practice of Lipoedema” has been issued as an international publication by JWC.

Lipedema European Forum Members:

Tobias Bertsch, Gabriele Erbacher, D. Corda, R. J. Damstra, K. van Duinen, R. Elwell, J. van Esch-Smeenge, G. Faerber, S. Fetzer, J. Fink, A. Fleming, Y. Frambach, K. Gordon, D. Hardy, A. Hendrickx, T. Hirsch, B. Koet, P. Mallinger, A. Miller, C. Moffatt, N. Torio-Padron, C. Ure, S. Wagner, T. Zähringer.

Some lipedema forum members are now ILA founding members Members The International Lipoedema Association ([ILA](#)) has been founded in 2021 by 60 renowned Healthcare Professionals from 22 countries worldwide to create the best possible treatment for our lipoedema patients by collaborating in an international, diverse, inclusive, and multidisciplinary team approach which is based on clinical evidence, long-standing experience, and a passion for improved therapy outcomes





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Standard of care for lipedema in the United States

Phlebology. 2021 Dec; 36(10): 779–796.

Published online 2021 May 28. doi: [10.1177/02683555211015887](https://doi.org/10.1177/02683555211015887)

PMCID: PMC8652358 PMID: [34049453](https://pubmed.ncbi.nlm.nih.gov/34049453/)

Standard of care for lipedema in the United States

Karen L Herbst^{1,2,3} Linda Anne Kahn^{2,4} Emily Iker^{2,5} Chuck Ehrlich^{2,6} Thomas Wright^{2,7} Lindy McHutchison^{2,8} Jaime Schwartz^{2,3} Molly Sleigh^{2,9} Paula MC Donahue^{2,10} Kathleen H Lisson^{2,11} Tami Faris^{2,12} Janis Miller^{2,13} Erik Lontok^{2,14} Michael S Schwartz^{2,15} Steven M Dean^{2,16} John R Bartholomew^{2,17} Polly Armour^{2,18} Margarita Correa-Perez^{2,19} Nicholas Pennings^{2,20} Edely L Wallace^{2,21} and Ethan Larson^{2,22}

Standard of Care for Lipedema in the United States (SOC Lipedema US).

April 19, 2019 – The first United States (US) Standard of Care meeting for lipedema was held on April 11-12, 2019 in Baltimore, Maryland in association with the Fat Disorders Resource Society 2019 conference. This effort was supported by a grant from the National Institutes of Health and National Heart, Lung and Blood Institute (NHLBI). This landmark meeting was a multidisciplinary collaborative effort with 21-US-based members with expertise in lipedema. This meeting was the first step towards the development of a national guideline for the diagnosis and management of lipedema. The Standard of Care USA were published in May 2021.

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Altre guide:

Lipedema – A Giving Smarter Guide by Erik Lontok. The Milken Institute's Center for Strategic Philanthropy (CSP). Lipedema Foundation



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